APPS

CAESAR SALAD fresh romaine with RESTO Caesar dressing, Parmesal Garlic Croutons and Smoked Bacon Bits	n, Roa	sted
	m 8	Lg 14
SPINACH AND BEET SALAD Baby Spinach, Red Onion, Pickled Beets Goat Cheese with Vinaigrette, Garnished with Cashew Crumble S		rumbled Lg 12
SEAFOOD CHOWDER RESTO Chowder Base with Bay Scallops, Shrim Salmon and Mussels	ip, Hac im 14	•
CHICKEN BITES Crispy Breaded Chicken Breast Bites served with our BBQ Sauce or Garlic Buffalo Sauce		: Pineapple 16
POTATO TART Baked Layers of Sliced Potato, White Cheddar and Asia Between a Bacon Crust	_	eese 16
MEDITERRANEAN DIP Creamy Spinach, Artichokes and Garlic topped and Peppercorns, served with Garlic Toasted Melbas		Parmesan 16
MUSSELS Garlic Cream Mussels with Spinach and Red Onions OR Tomato Pesto Mussels	:	16
BLACKENED SCALLOPS Pan-seared Blackened Maritime Scallops serv RESTO Buttery Sweet Potato Puree		h 18
THAI PORK Oven-Roasted Thai-Marinated Pork Tenderloin Skewers So RESTO Thai Peanut Sauce		with .4
POTATO WEDGES Lightly Coated Potato Wedges Deep-Fried and Serv of RESTO Curry Mayo		h a Side 0
BRUSCHETTA Chopped Roma Tomatoes Blended with Garlic and Herb Buttered Baguette with Oven-Melted Mozzarella and Garnished with Balsamic Reduction		Oil and
CALAMARI Calamari Tossed in Seasoned Flour and Flash-Fried, Server RESTO Tzatziki or Spicy Tomato Sauce		4
TAILY SOLID Ask about Today's House-Made Selection		7





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PIZZA	
PESTO FINGERS Fresh Pesto, Garlic Butter and Mozzarella served with RESTO Donair Sauce MUSHROOM PIZZA Garlic Butter topped with Sauteed Mushrooms and Fresh Herbs i Balsamic and Port Reduction Topped with our White Cheddar and Asiago Blended Cheese	15 n a 17.5
BBQ PIZZA RESTO BBQ Sauce, Sliced Red Onions and your choice of Sliced Chicken Brook Slow-Braised Pulled Pork Topped with Mozzarella	east 17.5
ROASTED GOAT CHEESE AND VEGGIE PIZZA RESTO BBQ Pizza Sauce and Goat Cheese Sliced Roma Tomato, Mixed Sweet Peppers, Red Onion, Button Mushrooms and Black Olives	e with 17.5
FAVORITES	
SEAFOOD SPAGHETTINI Sauteed Shrimp, Bay Scallops and Atlantic Mussels in Rich RE Rose Sauce on Spaghettini	STO 22
SMOKED SAUSAGE AND CHICKEN PENNE Sweet Williams Smoked Sausage with Sliced Chicken, Mushrooms, Red Onion, Julienned Tomato, Garlic and Wilted Spinach in a Sherry Cream Sauce	19.5
CHICKEN AND PROSCIUTTO SPAGHETTINI Julienned Prosciutto and Chicken Sauteed i Olive Oil with Julienned Tomato, Crushed Chillies, Chopped Garlic and Green Onions	in 19.5
JAMBALAYA Sauteed Cajun Sausage, Shrimp, Chicken, Mussels Simmered in Tomato Sauce served on Jamba Rice with RESTO White Cheddar and Jalapeno Cornbread	28
HADDOCK Sustainably caught Haddock fillet, pan fried and accompanied with RESTO Tartar Sauce. Served with Potato and Caesar Salad	24
CHICKEN Bacon wrapped Chicken breast stuffed with smoked cheddar, and caramelized onions, served with RESTO roasted red pepper rosé sauce. Served with Potato and Caesar Salad	26
SALMON Locally sourced Salmon seared then oven roasted with butter, garlic, ca Kalamata olives & tomato. Served with Potato and Caesar Salad 25	apers,
PERSONALIZED PASTAS	
Choose your Pasta and ADD Protein – Chicken \$5 / Shrimp \$7 / Bay Scallops \$5 / NS Scallops \$9 / Crispy Tofu \$4	
PESTO PENNE Fresh Pesto, Mushrooms, Peppers and Onions Tossed with Penne and Finished with a Touch of Cream	14
CURRY AND VEG SPAGHETTINI Toasted Yellow Curry, Cream and Sherry with Red Oni	ons,



15

15

17

15



Peppers and Julienned Carrots

Baby Spinach on Fettuccine

Maple and Cream on Fettuccine

with Wilted Baby Spinach and Cream on Fettuccine

CREAMY SUN-DRIED ALFREDO FETTUCCINE Sun-dried Tomatoes Sauteed in Garlic Butter

THREE CHEESE FETTUCCINE Asiago and White Cheddar Cream Sauce with Parmesan and

MAPLE CAJUN FETTUCCINE Sweet Peppers, White Onion and Mushrooms with Cajun Spice,



DESSERTS

MOLTEN CAKE

9

Half-Baked Dark Chocolate Cake with White Chocolate Center, served with Vanilla Ice Cream

CRÈME BRULEE

8

Ask your server about Today's Featured Brulee

GINGER CAKE

8

Warm and Moist Ginger Cake Topped with Rum Caramel Sauce

KEY-LIME 'CHEESECAKE'

9

Plant-Based Lime Flavoured Cheesecake Served with Fruit Coulis

CHOCOLATE TRUFFLE TORTE

9

Rich and Dark Flourless Chocolate Torte Topped with Chocolate Ganache and Fruit Coulis

FRUIT CRISP

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Individually Oven-Baked Fruit Crisp Served with Vanilla Ice Cream

PEANUT BUTTER PIE PARFAIT

9

Smooth Peanut Butter Mousse Served with Soft Black Bean Brownies and Whipped Cream, Topped with Rum Caramel Sauce and Peanuts

MUM'S CARROT CAKE

8

Chef Ryan's Family Carrot Cake Recipe, Served Warm with Cream Cheese Glaze

All of our DESSERTS are Made IN-HOUSE

September, 2020

All of our menus are available at www.RestoUrbanDining.com